

Haaland Estates



February Newsletter

We Are Going Green!

Beginning next month, this newsletter will be available in three different ways. You will be able to receive it electronically by giving us your e-mail address, visiting our web page at hamc.com, or finding us on Facebook.

Please contact Lisa Hanson at lhanosn@hamc.com or call our front office at (701)776-5203 to add you on our e-mail list. Please let us know the name of your family member so we can keep things organized.

If you know of any family members that have not been receiving the newsletter, please let them know about this new convenient way to stay connected.



Bernie & Bonnie enjoyed ringing in the New Year with music by Ed Selensky. Many of the residents got up and danced whether it was with a staff member or boogied around the floor with their walkers. We all raised our glass to a New Year's toast as we joined in a rendition of Auld Lang Syne.



Note from Nursing

In our efforts to keep everyone healthy this flu season we have given all the residents Tamiflu to stop influenza. The medication Tamiflu has a 92% effective rate in stopping anyone from getting influenza. As of today, we are all healthy. We want to thank all families for your support with the visitor restriction.



Everyone got a kick out of passing the New Year's baby around during the party.

February Special Events

1st-Resident Council 11:00

2nd- Fried Egg Friday

5th- Making Valentine Bracelets 1:30

6th- Birthday Breakfast 8:00
Name That Tune 1:45

12th- Decorating Valentine Cookies 1:45

13th- Singing Valentines
Men's Black Jack 1:45

14th- Valentines Party 1:45
(Music with Ed Selensky)

15th- February Birthday Party 1:45
(Sponsored by Saint Ann's Catholic Church, Balta Ladies)

16th- Fried Egg Friday

19th Making Donuts with Marge 2:00

20th- Special Meal for B-Wing 12:00

22nd- Friendship Social 1:45

26th- Massage & Relax 1:30
Sing-Along with Ron & Diane 7:00

27th- Dinner Out at Dakota Farms 11:15

Visitor Restriction

We thank you for your patience during this flu season with the visitor restriction that was put into place last month. We understand that it can be a difficult time not being able to visit your family member. But on the plus side, we are staying healthy and currently have no influenza at Haaland Estates.

The visitor restriction is put in place in health care facilities when the number of flu cases in the community reaches a certain number. This restriction is to help minimize the spreading of this potentially fatal disease (especially to the elderly). Our goal is to keep your family members safe and healthy. If you choose to take your family member out, we educate on the importance of hand washing and the potential of being in contact with the flu virus out in the community.



Dancing at the New Year's party!



HAMC Auxiliary *Singing Valentines*



Tuesday, February 13th

For just \$10.00 send your special someone a plate of cookies and a Singing Valentine right to their door.

Contact Shelley Block to order at 776-5455 ext. 2315.
ORDER DEADLINE IS FEBRUARY 9th.

Proceeds from this fundraiser will benefit the Acute Hospital.

Construction Update

Construction has begun and we are excited to offer this new level of basic care services to the community we serve very soon. Construction will take approximately 6-8 weeks to complete. The new fence for the additional court yard is already up and looks beautiful. We hope to have little disturbance to those still residing in that wing. We are looking forward to the future and the opportunity it will bring.

We regularly post pictures of events taking place here at Haaland Estates. If you would like to see these pictures, search for Haaland Estates and "LIKE" our page.



Welcome!
New Residents
Francis Pfeifer

E-Mail Address:
reachout@gondtc.com



Please put your family member's name in the subject box.
We check e-mail Monday-Friday.

February Birthdays

Helen Hawk	Feb. 6 th
Linda Page	Feb. 15 th
LaVerna Gores	Feb. 26 th

Each month we schedule a special day to celebrate those who are having a birthday. This month party is sponsored by St. Ann's Christian Mothers, Balta. They will be bringing cakes and donating bingo prizes. We will honor those who are celebrating their birthday this month. (We hope the visitor restriction will be lifted by this time. If not we will continue with the party with the assistance of the staff.)

Please join your family member or friend in celebrating their birthday on February 15th @ 1:45 in the dining room. Your presence makes this day special for your family member.